



If you choose to play, know the rules!
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Fast Facts about Gambling : National Data

- 2-3% of the adult population experiences pathological gambling behavior.
- 4-6% of teens experience pathological gambling behavior.
- 10-15% of teens are at risk for experiencing problematic gambling behavior.
- The national average age at which young people have their first contact with gambling is 10, the average age of alcohol first use is 13.
- The suicide rate for compulsive gamblers is 6x that of the general public.
- Gamblers Anonymous studies report that up to 50% of attendees have stolen to gamble and over 33% have been arrested.
- National research estimates that the average socio-economic cost for a problem gambler averages at \$3,000 and \$11,000 for a pathological gambler.

Fast Facts about Gambling : Nebraska Data

- 11% of Nebraska students reported increase in gambling behavior from 2003 to 2005.
- 20% of Nebraska youth report gambling by the age of 10.
- Approximately 42,000 Nebraskans experience problem/pathological gambling behavior.
- The average debt that a gambler in treatment reports due to gambling is \$30,000.
- Treatment is free or reduced for the gambler and their family in Nebraska.
- You must be 18 or 19 to gamble a variety of the legal gaming in Nebraska.
- It is illegal to gamble for money in your own home (such as private poker parties).
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